

NWT CURLING ASSOCIATION

2021-2022 Championship Competitor Guide

Please note: This is the generic version of NWTCA Championship Competitor Guide. There may be changes throughout the year will be reflected in the official guide provided to registered teams for each event.



Hosted by ??? Curling Centre
Date of event

PLEASE READ

A copy of this document note was sent to your team and will be posted on the designated bulletin board at this club.

2021-2022 CHAMPIONSHIP NOTICE

Congratulations!!!

You have registered for the 21-22 NWTCA ??? Championships which is an NWTCA sanctioned event. This is the next step in a journey that leads to the Canadian ??? Championships.

Date:	Location:
Number of Teams: ???	Format: ??? ???
	Eight/Ten ends

Should your team be successful at the NWT Championships, you must be prepared to continue to the:

THE CANADIAN ??? CHAMPIONSHIPS

Date ???

Location???

Sanctions may be invoked if you do not attend the next level of play.

GOOD LUCK & GOOD CURLING

THANK YOU TO OUR PARTNERS:



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SECTION ONE

ETHICS

SECTION ONE

ETHICS

To ensure that all curlers are aware of their responsibilities when playing the game, Curling Canada has adopted the following Code of Ethics as an official supplement to the Rules of Curling:

Curlers' Code of Ethics

- I will play the game with a spirit of good sportsmanship.
- I will conduct myself in an honourable manner both on and off the ice.
- I will never knowingly break a rule, but if I do, I will divulge the breach.
- I will take no action that could be interpreted as an attempt to intimidate or demean my opponents, teammates, or umpires.
- I will interpret the rules in an impartial manner, always keeping in mind that the purpose of the rules is to ensure the game is played in an orderly and fair manner.
- I will humbly accept any penalty that the governing body at any level of curling deems appropriate if I am found in violation of the Code of Ethics or rules of the game.

Coaching Code of Ethics

- The coach shall act with integrity in performing all duties owed to athletes, the sport, other members of the coaching profession and the public.
- The coach shall strive to be well prepared and current in order that duties in their discipline are fulfilled with competence.
- The coach shall act in the best interest of the athlete's development as a whole person.
- The coach shall accept both the letter and the spirit of the rules that define and govern the sport.
- The coach shall accept the role of umpires in providing judgment to ensure that competitions are conducted fairly and in accordance with the established rules.
- The coach's conduct toward other coaches shall be characterized by courtesy, good faith and respect.
- The coach shall maintain the highest stands of personal conduct and support the principles of Fair Play.

Officials Code of Ethics

- The official shall act with integrity in performing all duties owed to athletes, the sport, other members of the coaching profession and the public.
- The official shall strive to be well prepared and current in order that duties in their discipline are fulfilled with competence.
- The official shall act in the best interest of the athlete's development as a whole person.
- The official shall accept both the letter and the spirit of the rules that define and govern the sport.
- The official shall accept the role of umpires in providing judgment to ensure that competitions are conducted fairly and in accordance with the established rules.
- The official's conduct toward other coaches shall be characterized by courtesy, good faith and respect.
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SECTION TWO

EVENT SPECIFIC

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Event and Appeals Committees

Position	Name	Phone Number
NWTCA Championship & Officiating Director		
Chief Umpire for event		
NWTCA Liaison		
Host Club Liaison		
Appeals Committee Chair		
Appeals Committee Members		

Team Meeting

To ensure a safe meeting, this year’s team meeting will be held via Zoom on **Monday, ??? at 8:00 pm.** Your team contact will be provided with the link to join the meeting. While all members are welcome to join, at least one member of each team must be present at the team meeting. Should a team not send a member to the team meeting, the team will lose hammer and choice of rocks for the entire competition.

Team Positions *

[insert table with team position information]

*As picked from a hat by ???

Pre-Event Practices

The Pre-Event Practice will be held starting at ??? pm, day and date??? (Please note: should Covid restrictions require a shortened format, we may need to reduce the pre-event practices for out-of-town teams only)

Each team is allowed a ten-minute pre-event practice on the sheet(s) indicated on the schedule below. Teams may use both sets of rocks. At the end of your practice time, move rocks out of the house to the area behind the back line at the end where they are at the end of the practice time (i.e. if at home end, they stay at the home end; if at the away end, they stay at the away end). If more than one sheet is used in an event, you will be directed to move to the next sheet at the end of each practice time. At the end of the last practice time, as a courtesy to the icemaker, please move all rocks back to the home end.

[Insert Pre-Event Practice Times]

Each team is responsible for sanitizing their rock handles prior to the start of their pre-event practices

The Draw

[Insert Draw]

Team Rosters

[Insert Team Rosters]

Club/Committee and Other Event Information

- [Insert information about Social Event]
- [Insert any pertinent host club information]
- [Insert information about local transportation and accommodations]
- The club ice tech will advise the chief umpire with any concerns about ice/rocks as well as any rock papering/texturing that is done. This will then be provided to all teams.

A blue geometric graphic consisting of several overlapping triangles of varying shades of blue, located in the top-left corner of the page.

SECTION THREE

RULES

GOVERNING ALL

CHAMPIONSHIPS

SECTION THREE

RULES GOVERNING ALL CHAMPIONSHIPS

Eligibility

All competitors must be affiliated members of the Northwest Territories Curling Association for the championship season in which that championship is being played.

Age Requirements

All competitors must meet the age requirements as per Curling Canada Rules of Play in effect for the year in which the championship is being played.

Length of Competitions

The start date of competitions will depend on the number of teams entered. All teams shall be prepared to begin play on Tuesday and competitions may last until Monday. All competitions play to completion at the host club unless extenuating circumstances apply.

Competition Format

Format as approved by the NWTCA Board of Directors

Number of Teams	Format	Playoffs	Number of Sheets
1	No championship required	n/a	n/a
2	Best 2 of 3	Game #5, if required, is considered a one game final	1
3	Double Round Robin	Top team to final. Seed #2 and #3 play in semi-final. Winner to final against #1	1
4	Double Round Robin	All four teams to Page playoff.	2
5 to 7	Single Round Robin	Top four teams to Page playoff. Note: No tiebreaker games. See Tiebreakers below	(5) – 2 (6) – 3 (7) – 3
8 to 16	Modified Triple Knockout	A, B, and C qualifiers to Page playoff	3 or 4**

** Inuvik and Yellowknife will use four sheets

Please note: Should Covid restrictions require, a shortened format will be implemented if necessary. This decision will be made at an NWTCA Board of Directors meeting.

New for 2021-22 season. There will be no tiebreaker games. This follows the practice of Curling Canada and the World Curling Federation. Please note that additional playoff games have been added to the double round robin formats. Should a tie exist at the end of round robin play for 5 to 7 teams, the team that won in the head-to-head game in the round robin will be ranked higher. Draw Shot Challenge (DSC) will be used in the case of an unbreakable tie. Draw Shot Challenge – the total of the team’s Last Stone Draws less the longest throw.

Chief Umpire

The Chief Umpire for this event will be in charge of the competition and all rulings by the Chief Umpire will be final. The Chief Umpire will intervene only:

- when asked by teams
- to deal with unsportsmanlike behavior
- to deal with a safety issue
- to issue warnings or penalties

If you have any questions regarding rules/procedures, please contact the Chief Umpire. If you feel that a breach of the rules may have occurred or if you know a breach of the rules has occurred, please call an official’s time out immediately so that the matter can be rectified. **Do not delay in calling this time out** – do it as soon as the infraction is noted or should you question a possible infraction. If you feel a ruling is unacceptable, please speak to the Chief Umpire.

The duty of the Chief Umpire is to ensure this competition is conducted under the current CCA “Rules of Curling” and specific rules for this championship. The Chief Umpire will follow the “Fair Play Code for Officials” as stated in the “Rules of Curling for Officiated Play” in the current official rule book.

EACH HOST CLUB HAS SUBMITTED AN APPLICATION TO THE NWT CHIEF PUBLIC HEALTH OFFICER (CPHO) FOR APPROVAL FOR CURLING IN THEIR FACILITY. IT INCLUDES MITIGATION STRATEGIES THAT WILL BE NECESSARY TO ENSURE A SAFE CHAMPIONSHIP. THE CHIEF UMPIRE IS CHARGED WITH THE RESPONSIBILITY OF ENSURING THESE MITIGATION RISK REDUCTIONS STRATEGIES ARE ENFORCED.

Rules

This is an NWT Curling Association sanctioned event and the CCA “Rules of Curling for Officiated Play” shall apply using the current version of the CCA Rule Book. Rules as outlined in the NWT Policy Manual will also apply. Rules as outlined in this meeting also make up the rules for this championship. It is the responsibility of all players and coaches to be familiar with the “Rules of Curling” as set out in the current CCA Official Rule Book as well as this document.

As a result of the current health pandemic and the Public Health Order, there will be special rules in place to ensure the competition is held in a safe manner. These rules have referenced information from NWT Public Health, Sport North, and Curling Canada, as well as best practices from other Member Associations. Specific requirements from each host club pertaining to their facility will also be included. See Section 5 for Covid Related Rules.

Appeals

There will be an Appeals Committee for each championship.

APPEALS MAY ONLY BE SUBMITTED TO THE CHIEF UMPIRE BY TEXT WITHIN ONE (1) HOUR AFTER THE COMPLETION OF THE GAME IN QUESTION.

Spares

- There will be no spare pool. A team may register a fifth player or designated spare prior to the start of the Team Meeting.
- Seating for the spares will in an area designated by the Chief Umpire.

Tie Situation at End of Round Robin Play

- There will be no tiebreaker games.
- Unbreakable ties will be broken using:
 - Who won the head-to-head game.
 - If there is an unbreakable tie with three or more teams, the Draw Shot Challenge (DSC) will be used.
 - The Draw Shot Challenge (DSC) is determined by the total of all LSD shots thrown by the team in the competition less the longest shot.

Pre-Game Practices

- Ten (10) minutes per team
- Teams listed first on the draw will have first practice using blue handled rocks only which will start forty (40) minutes prior to game time and team listed second on the draw will have second practice which will start twenty (20) minutes prior to game time. (Please note: the start times may change due to Covid restrictions.)
- At the completion of the pre-game practice, you will throw your Last Stone Advantage rocks under direction from the Chief Umpire.
- During the pre-game practice, only the throwing team and officials and icemakers will be allowed in the ice area.

Please note:

- the pregame announcements are in Section 5
- Each team is responsible for sanitizing their rock handles prior to the start of their pre-game practices

Hammer

- Last Stone Draw (LSD) will determine hammer for each game (except playoff games) with the team listed first on the draw throwing first.
- During the round robin portion of the games, the first named team on the official draw will be throwing blue-handled stones.
- During playoff games, the team with the better record will have choice of hammer AND rock colour. Should teams have equal records, the team with the best Draw Shot Challenge (DSC) record will have choice of hammer OR rock colour. The team with hammer will have first practice.

Last Stone Draw (LSD)

- The Last Stone Advantage (LSD) will be conducted in accordance with the CCA Rules of Curling for Officiated Play - Rule 5(2).
- During the throwing of the LSD stone, only the four players of the team and the officials will be allowed in the ice area. All other team members, coaches, other participants, and designated volunteers must be behind the glass or a location other than in the playing area. No communication, verbal or physical, is allowed between the players and others. Should there be an infraction of this rule, the non-offending team shall be given hammer.
- Under the direction of the Chief Umpire, immediately following their pre-game practice, the first thrower of record from the team will throw their LSD stone. After the measurement has been taken for this stone, the second stone will be thrown by the second and different thrower of record upon the direction of the Chief Umpire. Each LSD stones must be thrown within one (1) minute of the Chief Umpire's direction to start. All LSD stones may have sweeping with one sweeper (this may change with changes to Covid restrictions). The smallest total measurements of the two LSD rocks for each team will receive last stone advantage in the first end.
- Ties for hammer will be determined as follows:
 - Should the results of the LSD totals be exactly the same, a coin flip will be conducted by the Chief Umpire to determine Last Stone Advantage.
 - The team throwing blue rocks will call during the coin flip.
- Each player of the team must be the thrower of record for the LSD at least once during the competition.

- The LSD shall be played towards the home end.

Game Length

- **WOMEN'S/MEN'S/U20** The games are ten (10) ends unless extra end(s) are needed to determine a winner. The thinking time allotted to each team to complete a ten (10) end game shall be thirty-eight minutes (38:00). The time allotted to each team to complete an extra end shall be four minutes and thirty seconds (4:30) - CCA Rule 8 (1). **OR**

U18/MIXED/SENIORS/MASTERS/CURLING CLUBS The games are eight (8) ends unless extra end(s) are needed to determine a winner. The thinking time allotted to each team to complete an eight (8) end game shall be thirty minutes (30:00). The time allotted to each team to complete an extra end shall be four minutes and thirty seconds (4:30) - CCA Rule 8 (1). **OR**

MIXED DOUBLES The games are eight (8) ends unless extra end(s) are needed to determine a winner. The thinking time allotted to each team to complete an eight (8) end game shall be twenty-four minutes (24:00). The time allotted to each team to complete an extra end shall be four minutes and thirty seconds (4:30) - CCA Rule 8 (1).

- **WOMEN'S/MEN'S/U20** All games must be played to a minimum of six (6) ends and there must be a clear winner and loser before a team concedes. **OR**

U18/MIXED/SENIORS/MASTERS/CURLING CLUBS/MIXED DOUBLES All games must be played to a minimum of five (5) ends and there must be a clear winner and loser before a team concedes

- Should a game at the end of the championship not have a bearing on the final outcome of the championship, both teams may propose an alternate skill-based option to the Chief Umpire. Should this request be approved, both teams will be required to acknowledge request by signing the time sheet.

Scoring

- The teams will post the scores immediately following each end.
- The Chief Umpire/designate will be posting the scores online where possible.

Measuring

- Officials will carry out all measurements.

Hog Lines

- There will not be designated hog line officials for this competition.
- If the Chief Umpire is advised of possible hog line violations, a hog line official may be placed on the ice to watch that sheet for the remainder of that game.
- Rocks will be pulled if there are any further infractions observed. Please note the rules indicate that the rock must be clearly released **before it reaches the nearer edge of the hog line.**

Timing and Time-Outs

- Games will be timed.
- Should there be a clock malfunction, the clock will be reset to the time recorded at the end of the preceding end. Should an error occur in the timing, the teams/timer will advise the Chief Umpire who will determine the remedy, if any, required. The remedy will be made in between ends except if in the final end of the regular play when it will be done immediately. The teams will be advised by the Chief Umpire of the remedy.
- There will be a mandatory five (5) minute mid-game end break. This will start when all team players access the near end walkway of the rink.
- The ice will be cleaned during the mid-game end break.
- There should be no more than a one (1) minute interval between all other ends.
- **WOMEN'S, MEN'S, U20** Should the score be tied at the end of ten (10) ends, there will be a mandatory three (3) minute break prior to the start of the first extra end. There will be no additional breaks should additional extra ends be required. **OR**
U18, MIXED, SENIORS, MASTERS, CURLING CLUBS, MIXED DOUBLES Should the score be tied at the end of eight (8) ends, there will be a mandatory three (3) minute break prior to the start of the first extra end. There will be no additional breaks should additional extra ends be required.
- As per Rule eight (8), each team is allowed two (2) time-outs per game and one (1) during each extra end. The time-out will be a maximum of ninety (90) seconds in length for home end play and one hundred and ten (110) seconds for away end play. It will include travel time by the coach to access the field of play.
- Time-outs must be called from the ice surface. A coach may signal their team for a time-out, but it must be called from the ice surface.
- **YOUTH EVENTS ONLY** Each team is allowed one (1) fair play time out. The time-out will be a maximum of ninety (90) seconds in length for home end play and one hundred and ten (110) seconds for away end play. It will include travel time by the coach to access the field of play. This time out may be called by the team or the coach. This timeout is only to deal with a behavioural issue, not to discuss strategy.

- During any time-outs, players and coaches must maintain physical distancing.
- During game play, coaches will remain in the area designated by the Chief Umpire.

Officials Timeouts

- Officials timeouts will be called when one of the teams invites an official to interpret a rule, measure a rock, equipment failures, etc., **OR**
- If the official has to intervene because a rock hits the boards unnoticed, or if there is an exceptional display of unsportsmanlike behavior, or there is a safety concern/injury, or for a rule infraction/warning.

Line-up and Changes/Scoresheets

- **ALL FOUR PERSON EVENTS** Teams must start the competition with at least three (3) players. **OR**
MIXED Teams must start the competition with four players. **OR**
MIXED DOUBLES Teams must start the competition with two players.
- **MEN'S, WOMEN'S** Fifth players are allowed in this competition & must be identified prior to the start of the Team Meeting. **OR**
U20, U18, MIXED, SENIORS, MASTERS, CURLING CLUBS, Fifth players are NOT allowed in this competition however a team may identify a designated spare. **OR**
MIXED Only the four listed players are allowed in the competition. **OR**
MIXED DOUBLES Only the two listed players are allowed in the competition.
- Teams must complete their team line-up forms by the identified deadline and send by email to nwtcurling@gmail.com. This line-up will be considered the line-up for the competition unless a team completes a change of line-up prior to the start of a game. These forms will be emailed nwtcurling@gmail.com. If your throwing order or who holds the broom is different than the line-up, please indicate this on the forms (skip and vice-skip section).
- A copy of the scoresheets will be texted to each team at the end of the game for verification.

Coaches

- All coaches must be identified by the registration deadline to allow the NWTCA to check coach's qualifications.
- Coaching qualifications are Competition Coach Certified for all levels.
- Seating for the coaches will in an area designated by the Chief Umpire.

- ENHANCED COACH INTERACTION - Coaches may access their team during the one (1) minute interval between ends. For full details of Enhanced Coach Interaction, please see Section 5 Appendices.

Official Clock


- The official clock is located on the ice surface. All games & practices will start based on that clock.

General

- To reduce debris on the ice, all participants accessing the ice surface area are asked to clean their footwear prior to the entering this area or to use covers on your shoes when not on the ice area.
- Cell phones are to be turned off or put on vibrate in the ice area. Should you be expecting an important call, please give your phone to one of the officials or to a person sitting in an off-ice location.
- All ice/rock inconsistencies will be outlined at the team meeting or provided by email to the teams.

SHOULD YOU HAVE ANY QUESTIONS PRIOR TO THE TEAM
MEETING, PLEASE CONTACT THE NWTCA AT

nwtcurling@gmail.com



SECTION FOUR

OBLIGATIONS AND SANCTIONS

SECTION FOUR

OBLIGATIONS AND SANCTIONS

Obligations of Competitors/Coaches:

1. All competitors entering an NWT Championship shall abide by the Rules of Officiated Play of Curling Canada and the NWTCA Championship Rules and Policies. The spirit of fair play and sportsmanship should be exhibited. **Reminder:** Only **two** player changes may be made to the team from the start of club playdowns through to the national level of play.
2. Teams entering NWT Championships must be prepared to continue to the next level of play should they be declared NWT Champions at the end of the Championships involved. Should any changes be made to the initial team roster on the registration form, they must be immediately submitted to the Competitions Director as well as the Chief Umpire of the competition.
3. At least one member of the team must be in attendance at the Team Meeting.
4. **Youth events only.** Use of alcohol, cannabis or illicit drugs is not permitted from the start of the competition until the final activity of the championships. This includes athletes, coaches, and chaperones, no matter the age of the participants.
5. As indicated in the Curlers' Code of Ethics, "I will conduct myself in an honourable manner both on and off the ice". Teams who represent the NWTCA at national championships represent all members of the NWTCA and are role models to our membership particularly junior curlers and our elders. All teams who represent the NWTCA at national championships are expected to behave in a manner consistent with the values of the NWTCA from the time they are declared champions until they return to their home clubs following the national championships. Sanctions may be imposed for those team members who cast the NWTCA and its membership in a poor light.
6. **Immediately** following the winner being declared, one of the Host Committee will assist the team with online registration for the Canadian event as well as jacket sizing.

Sanctions:

1. All competitors who do not comply with obligations of the Competitors/Coaches shall be sanctioned in the following manner:
 - a. As prescribed in the Rules of Officiated Play of Curling Canada.
 - b. As prescribed in the NWT Curling Association Policy Manual

2. Teams who have registered for the NWTCA Championships or who do not show up to play at the NWTCA Championships will be sanctioned by the NWTCA in the following manner:
 - a. Up to a one-year suspension from playdowns.
 - b. A letter will be sent to clubs and each team member who will have ten (10) days to appeal. Upon appeal of the sanction, a team may be reinstated. Appeals are on a case-by-case basis.

3. Teams who are declared Team NWT who do not continue on to the next level of competition will be sanctioned by the NWTCA in the following manner:
 - a. Up to a one-year suspension from playdowns.
 - b. A letter will be sent to clubs and each team member who will have ten (10) days to appeal. Upon appeal of the sanction, a team may be reinstated. Appeals are on a case-by-case basis.

4. Teams who fail to have at least one member present during the Team Meeting will be sanctioned in the following manner:
 - a. will lose hammer and choice of rocks for the duration of the Championship.



SECTION FIVE

APPENDICES

SECTION FIVE

APPENDICES

What the NWTCA provides teams travelling to National Events

The NWTCA provides teams with items and funding. Curling Canada also provides assistance for teams at National championships. All other costs are the team's responsibility.

Click on icon below to open document.

[insert latest championship benefits]

Travel Recommendations

As you are aware, flying in the North can present problems primarily weather related. Teams are encouraged to take this into account when making flight or other travel arrangements to allow for inclement weather or flight delays.

See NWTCA Policy 4.21 for more details.



Section 4.21.docx

Moratorium on Sweeping

All competitors are required to use WCF approved broom heads during NWTCA championships. This is the link to the most current list of approved broom heads from the WCF. Approved Code List 27 November 2020 - <http://worldcurling.org/competitions/brushes/>

Current COVID Related Information

[Insert latest Covid Related Information]

Enhanced Coach Interaction

The NWT Curling Association has established a protocol to allow coaches to have more interaction between the coach and their team to better support their performance and development.

- Coaches will be assigned seating on the warm side of the glass behind the sheet of ice their team is playing on, or as assigned by the Chief Umpire.
- Coaches will be allowed to speak to their team during the one (1) minute interval between ends. The coach and team will be in an area designated by the Chief Umpire for this interaction time. Should a team not be ready to throw at the end of the one (1) minute interval between ends, their clock will start.
- The traditional two (2) team time-outs remain in effect. For juniors, the one (1) fair play time-out will also be in effect.
- Only (1) one coach may meet with the team during this time.
- Substitute coaches must be competition coach certified to have on-ice privileges.

Tips for Social Media (taken from Curling Canada competitor guide)

Unquestionably, the landscape has changed in terms of the ways that players, fans, and the media interact, and it's recognized that the various forms of social media represent a valuable opportunity for communication. Competitors are encouraged to embrace social media, as they present avenues to promote the game of curling as well as their own teams. However, there must be certain responsibilities attached to the use of these social media outlets.

Here are some guidelines:

- 1) Be aware of the fact that as high-profile athletes, you are in the spotlight, and not only yourself, but also your teams, families and Curling Canada. There is no on-off switch when it comes to this responsibility.
- 2) There is no such thing as "off the record" when it comes to communication via social media. Hitting the "return" button on a Tweet makes it part of the public record, and it can be distributed to thousands of people in just a few seconds. Avoid using social media when angry or consuming alcohol. In addition, during events it's recommended to avoid reading Twitter responses or Facebook posts to your team. Negative comments are intended to get a reaction. Responding to them achieves nothing. Avoiding them is the best idea. Ideally, have someone external to the team filtering the responses to prevent negative messages getting through.
- 3) Be smart about what is presented as a message. Take the high road when it comes to discussing events, officials, or opponents. Competitors help their sport and their team by presenting a positive, respectful image to those who read your message. Thanking fans, praising teammates and opponents are good ways to do this.
- 4) Competitors hurt the sport and hurt their teammates by sending out negative messages of their own, or by sharing/re-tweeting negative messages from other people. These can consist of criticism of opponents, teammates, officials, events, sponsors, facilities and playing conditions, or sexist, racist or homophobic slurs. This is a year-round consideration but be aware that if it happens during a championship event (national, world or any other event operated by Curling Canada), competitors can and will be fined for anything that Curling Canada deems bringing the sport, an event, or an event official into "disrepute". For more details, see the Players Fines section.
- 5) During championship events, competitors should be conscious of sponsors. They are responsible for the successful operation of our events, in addition to providing money that covers

the costs of accommodation and travel for the players. Curling Canada asks you to respect those partnerships by:

6) Not distributing messages that may be seen as critical of event sponsors

7) Not distributing messages praising direct competitors of event sponsors.

8) Curling Canada acknowledges that some teams have partnerships with competing sponsors.

The fact is, there are more than 340 days in a year to praise team sponsors; Curling Canada would ask that during the event itself, please refrain from it out of respect to our partners who make the events possible.

9) During the event, out of respect for the integrity of the game, players, coaches, and alternates will be prohibited from using any form of social media from 15 minutes prior to games until the completion of the game. Teams can, however, appoint someone sitting in the stands or watching on television to send messages via social media so long as there is no direct contact with the players, coach or alternate in the field of play.



PRE-GAME ANNOUNCEMENTS

Please note: **No coaches/alternate players will be allowed in the ice shed during the throwing of the Last Stone Draw**

DETAILS AND DIRECTIONS	ANNOUNCEMENTS
31 minutes before draw time announce	“All teams with first practice (blue rocks), please move to the backboard behind the sheet you will be playing on”
30 minutes before draw time announce	“First practice will begin shortly, you may cool your sliders and slide but do not deliver a rock until directed”
29 minutes before draw time announce (1 minute after sliding began) (run 9 minutes on the clock)	“First practice may begin”
21 minutes before draw time announce (8 minutes into practice - 1 minute remaining on the clock)	“One minute remaining in first practice”
20 minutes before draw time announce (0 time left on the clock; reset and run 1 minute on clock)	“Thank you. Practice is over; you have one minute to deliver your first Last Stone Draw with a <u>CLOCKWISE</u> rotation”
After measurements have been taken for first rock	“You have one minute to deliver your second Last Stone Draw with a <u>CLOCKWISE</u> rotation”
ONCE MEASURES ARE COMPLETE ANNOUNCE	“All teams with second practice (red rocks), please move to the backboard behind the sheet you will be playing on”
16 minutes before draw time announce	“Second practice will begin shortly, you may cool your sliders and slide but do not deliver a rock until directed”
15 minutes before draw time announce (1 minute after sliding began) (run 9 minute on the clock)	“Second practice may begin”
7 minutes before draw time announce (8 minutes into practice - 1 minute remaining on the clock)	“1 minute remaining in second practice”
6 minutes before draw time announce (0 time left on the clock; reset and run 1 minute on clock)	“Thank you. Second practice is over; you have one minute to deliver your first Last Stone Draw with a <u>COUNTER-CLOCKWISE</u> rotation”
After measurements have been taken for first rock	“You have one minute to deliver your second Last Stone Draw with a <u>COUNTER-CLOCKWISE</u> rotation”
ONCE MEASURES ARE COMPLETE determine which team has hammer and advice the teams on each sheet who has hammer; also advise timers who has hammer	“Teams, the ice is yours and games may commence. Good luck and good curling”



NWTCA ORIGINAL TEAM LINE-UP

Team

Event and Date
Original Line-Up

NWTCA [event] Championship 2021-2022

Throwing Order

Fourth

Third

Second

Lead

Skip

Vice Skip (Person who holds broom for the skip)

Coach

Fifth/Alternate Player

Signature of
team rep

Team's contact number
to receive texts

Team's contact
email address

Please return this completed form to nwtcurling@gmail.com no later than one (1) hour from the end of the team meeting

Revised 2021-11-15

Health Information Form



Team:

Name

Date of Birth

Address

Phone number

GNWT Health Care Number

Do you have any active medical problems at present? Please explain:
Provide letter/email from health care professional if related to Covid

Are you under a physician's care at present? Please explain:
Provide letter/email from health care professional if related to Covid

Do you have a history of any of the following? Please explain:

Heart Condition:

Diabetes:

Allergies:

Bleeding Conditions:

Psychiatric Illness:

Operations:

Asthma/Shortness of Breath/Other breathing conditions:

Epilepsy:

List Current medications:

In the event of an emergency, please notify:

Name:

Address:

Phone Number:

Relationship:

Signature:

Date:

Each athlete and coach is encouraged to complete a health form (particularly if there is a Covid relate condition). These forms are to be put in a sealed envelope with the person's name and the team name. These will only be opened should an emergency arise. Any sealed envelopes will be returned to the person at the end of the event.